

Boredom Bingo

Mark/colour the box that you complete!

Read a new book	Make and complete an obstacle course	Create a storybook	Write a letter to your future self
Have a paper aeroplane flying contest	Make and decorate cupcakes/cake!	Learn to cook a simple meal	Have a Lego building competition
Make a magazine about your family and friends	Make a memory box/time capsule	Offer to help put away the groceries	Listen to relaxing music
Clean your bedroom	Play and create different card games	Watch an Irish programme or listen to RNG	Help tidy the house
Write down 3 things you are grateful for	Listen to your favourite song	Do some mindfulness colouring	Teach a new skill to your siblings
Write an acrostic poem using your name	Get some fresh air	Give a relative a phone call	Send a message to a loved one